Food Storage & Disaster Preparedness Calendar

JANUARY FEBRUARY MARCH APRIL

Food Charage	Food Charage	Food Charage	Food Ctorono
Food Storage	Food Storage	Food Storage	Food Storage
Breakfast cereal	Instant potatoes	Wheat, red or white	Peanut butter
Canned chili	Brownie mix	Cornmeal	Jam or Jelly
Canned prepared soups	Oatmeal	Rice, long-grain & instant	Macaroni & cheese
Bouillon granules	Chocolate candy	Oats	Mandarin oranges, canned
Eggs, powdered	Lemon juice	Packaged pasta	Pears, peaches, canned
Bottled or canned juices	Confectioners sugar	Fruit drink mix	Fruit cocktail, canned
Soy sauce	Food bars	Salt	Carrots, peas, canned
Muffin mixes	Hot cocoa	Dough enhancer	Canned pinto, black beans
Quick bread mix	Salad dressing	Spam	Canned ravioli, spaghetti
Salsa	Microwave popcorn	Cornstarch	Vinegar
Baby food	Frosting, canned	Snack crackers	Parmesan cheese
Powdered sour cream	Molasses	Worcestershire sauce	Alfredo sauce
Toiletries	Toiletries	Toiletries	Toiletries
Feminine items	Toothbrushes	Toilet paper	Shampoo
Lotion	Toothpaste	Facial tissue	Conditioner
Paper & Cleaning	Paper & Cleaning	Paper & Cleaning	Paper & Cleaning
Bleach	Disinfectant (like Pine sol)	Paper towels	Storage bags
	Clorox wipes	Napkins	Plastic utensils
Laundry Detergent Freezer Foods		Freezer Foods	
	Freezer Foods		Freezer Foods
Bread	Bread	Bread	Bread
Roasts	Butter	Frozen vegetables	Ham
Fish	Lasagna	Steak	Hash browns
	Seafood	Pork	Shredded cheese
Garden	Garden	Garden	Garden
Prune apple trees	Garden seeds indoors	Transplant cool seedlings	Vegetable & fruit plants
Order seeds	Till garden soil	Add nutrients to soil	Plant cool weather crops
Medical & First Aid	Medical & First Aid	Medical & First Aid	Medical & First Aid
pain reliever (adult/child)	cold compress	latex gloves	anti-diarrhea medicine
aspirin	rolls of gauze	tweezers	antihistamine
thermometer	large bandages	scissors	germicide wipes
72-Hour Kit Personal Pack	72-Hour Kit Personal Pack	72-Hour Kit Food Pack	72-Hour Kit Clothing
backpack, suitcase, etc.	N95 face masks	3 day supply food	rain poncho
emergency contact list	personal meds	3 day supply water	sunglasses
copies personal items	hand warmers	candy, gum	hat
		Candy, guin	
recent family photo	paper & pen	\vdash	pants
city map	travel size toiletries		2 pairs of socks
small flashlight like Maglite	book to read, or activities		shirts
mini first aid kit	washcloth	\square	mittens
light stick on neck cord	small mirror		change of underwear
whistle on neck cord	toilet paper		
feminine/sanitary items	comb & hair items		
spending money	space blanket		
razor	waterproof matches		
Equipment & Fuel	Equipment & Fuel	Equipment & Fuel	Equipment & Fuel
Hand wheat grinder	Chain saw	Portable heater	Cook stove
Batteries, various	5-gallon gas cans	Fuel for heater	Cook stove fuel
Preparedness books	Extra saw blade	Walkie Talkie	Matches
Emergency Prep	Emergency Prep	Emergency Prep	Emergency Prep
Family emergency plan	How to shut off gas meter	Photo home contents	Copy important papers
Out of state contact	How to shut off water meter	and keep copy in safe	put in grab & go container
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Food Storage & Disaster Preparedness Calendar

MAY JUNE JULY AUGUST

Food Storage Food Storage Food Storage Food Storage	Food Ctoward	Food Charana	Food Charana	Food Ctorono
Steak sauce		_	_	· · ·
Mayonnaise				
Relish/Pickles Spilt peas and lentils Mustard Dry potton stices or dices Dried vegetables Mustard Dry potton stices or dices Refried beans Butter powder Gatorade powder Gracked wheat cereal Hamburger helper Enchliada sauce Salad dressing Canned beef Food bars Canned chicken Drink boxes Canned chicken Drink boxes Drink boxe				1 1 7
Dives Dred vegetables Butter powder Gatorade powder Cracked wheat cereal Hamburger helper Food bars Enchilada sauce Salad dressing Canned beef Food bars Croutons Canned chicken Drink boxes Hamburger helper Food bars Canned chicken Drink boxes Holpepper sauce Drink boxes Holpepper sauce Canned comed beef Cheese sauce Drink boxes Holpepper sauce Canned comed beef Cheese sauce Drink boxes Holpepper sauce Chips Cheese sauce Dronk boxes Holpepper sauce Cheese sauce Dronk boxes Holpepper sauce Cheese sauce Dronk boxes Holpepper sauce Dronk boxes Holpepper sauce Dronk boxes Holpepper sauce Cheese sauce Dronk boxes Holpepper sauce Holpepper sauce Dronk boxes Holpepper sauce Dronk boxes Holpepper sauce Holpepper sau				
Refried beans			· · · · · · · · · · · · · · · · · · ·	
Saked beans				
Canned beef Food bars Green chilles Canned beef Croutons Canned chicken Drink boxes Lemonade mix Canned barm Hot pepper sauce Cheese sauce Pancake syrup Pancake mix Canned corned beef Cheese sauce Cheese sauce Cheese sauce Chips Powdered cheese blend Toiletries	Refried beans		Gatorade powder	Cracked wheat cereal
Green chilies Taco sauce Lemonade mix Canned comed beef Cheses sauce Pancake syrup Pancake mix Canned comed beef Cheses sauce Chips Toiletries Toiletries Baby diapers Baby viapers Baby wipes Mouthwash Paper & Cleaning Paper Cups Laundry betergent Dish soap Paper pales Lunch bags Freezer Foods Freezer Foods Freezer Foods Freezer Foods Bread Br	Baked beans	Dried fruit, raisins	Soda crackers	
Taco sauce Pancake syrup Pancake mix Canned comed beef Cheese sauce Cheses sauce Cheese sauce Cheses sauce Cheses sauce Cheses sauce Cheses sauce Cheses sauch Dedorant De	Enchilada sauce		Canned beef	Food bars
Pancake syrup Soda Tapioca Tolletries Tollet	Green chilies	Croutons	Canned chicken	Drink boxes
Tapioca Tapioca Toiletries Toiletries Toiletries Toiletries Toiletries Toiletries Toiletries Toiletries Saby dispers Contact solution Razors Soap/body wash Decodorant	Taco sauce	Lemonade mix	Canned ham	Hot pepper sauce
Toiletries Baby dispers Baby dispers Baby dispers Contact solution Mouthwash Shaving cream Paper & Cleaning Bleach Laundry Detergent Laundry Detergent Dish soap Freezer Foods Bread	Pancake syrup	Pancake mix	Canned corned beef	Cheese sauce
Baby diapers Baby wipes Mouthwash Paper & Cleaning Paper plates Paper pla	Soda	Tapioca	Chips	Powdered cheese blend
Baby wipes	Toiletries	Toiletries	Toiletries	Toiletries
Baby wipes	Baby diapers	Contact solution	Razors	Soap/body wash
Paper & Cleaning Paper (Laundry Detergent Laundry Stain remover Paper cups Laundry Detergent Dish soap Paper pa	Baby wipes	Mouthwash	Shaving cream	Deodorant
Bleach Laundry Detergent Dish soap Dish soap Bread Bre	Paper & Cleaning	Paper & Cleaning		Paper & Cleaning
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Medical & First Aid sunscreen small Vaseline First Aid Manual eye patch ear drops ear drops eye dr				
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Canning jars & lids			\sqcup	
Canning jars & lids				
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Emergency cash at home Learn CPR Send photos out of state flashlight under bed				
	Emergency cash at home	Learn CPR	Send photos out of state	flashlight under bed

Food Storage & Disaster Preparedness Calendar

SEPTEMBER OCTOBER NOVEMBER DECEMBER

Food Storage	Food Storage	Food Storage	Food Storage
Condensed soups	Vegetable & other oils	Canned pumpkin	Sugar
Canned tomatoes	Shortening	Sweet potatoes/Yams	Flour
	Graham crackers	Stuffing	Baking cocoa
Canned kidney, northern beans Canned tuna			Baking chocolate
	Corn syrup Dried cranberries	Spices - cinnamon, etc. Cake mix	
Canned corn, green beans			Chocolate or baking chips
Canned stew	Baking powder & soda	Marshmallows	Lipton onion soup
Honey	Applesauce	Pie filling	Nuts
Canned pineapple	Sloppy Joe	Broth - beef & chicken	Extracts - vanilla, almond
Canned mushrooms	Candy	Gravy	Vitamins
Spaghetti sauce	Biscuit mix	Cooking spray	Evaporated milk
Cornbread mix	Dried peppers	Brownie mix	Marshmallow crème
TVP - chicken, beef, etc.	Gum	Brown sugar	Bread crumbs
Toiletries	Toiletries	Toiletries	Toiletries
Lip balm	hand sanitizer	cotton balls	Makeup
Floss	Vaseline	Q-tips	Baby powder
Paper & Cleaning	Paper & Cleaning	Paper & Cleaning	Paper & Cleaning
Bleach	Paper towels	Foil	Kitchen trash bags
Laundry Detergent	Napkins	Plastic wrap	Paper bowls
Freezer Foods	Freezer Foods	Freezer Foods	Freezer Foods
Bread	Bread	Bread	Bread
Yeast	Bananas	Whipped topping	Bacon
Chicken breasts	Bell Peppers	Turkey	Bread rolls
	П	Pies	
Garden	Garden	Garden	Garden
Harvest crops	Harvest crops		Review seed catalogs
Prune pears	Soil cleanup		П
Medical & First Aid	Medical & First Aid	Medical & First Aid	Medical & First Aid
rubbing alcohol	CPR mouth barrier	antacid	cold medicine
hydrogen peroxide	adhesive tape	cotton balls	cough drops
hydrocortisone cream	adhesive tape	Q-tips	decongestant
72-Hour Kit Food Pack	Pet 72-Hour Kit	Car Kit	Car Kit
3 day supply food	Pet food	Water bottles	Duct tape
3 day supply water	Leash	Food bars, etc.	Snow scraper
candy, gum	Water	Flare	Detailed area map
- Samuel	Bowl	Matches	Whistle
\vdash	Pet carrier	Jumper cables	Small mirror
\vdash	H	Blanket	Pocket knife
\vdash	H	Flashlight and batteries	Small toiletries
\vdash	H	Toilet paper roll	Good shoes
\vdash	H	Work gloves	Hat
\vdash	H	Umbrella	Paper towels
\vdash	H	Plastic trash bags	Hand wipes
\vdash	H	l lastic trasii bays	I land wipes
Equipment & Evel	Equipment & Fuel	Equipment & Fuel	Equipment & Fuel
Equipment & Fuel Sleeping bags	BBQ	ABC fire extinguisher	Electric wheat grinder
	Fuel for BBQ	Smoke detector	Lantern
Sleeping pad			
Freezer	Blankets	Fire escape ladder	Solar shower
Emergency Prep	Emergency Prep	Emergency Prep	Emergency Prep
Learn school disaster plan Find emergency contacts	Test smoke detectors Have family fire drill	Latches on cupboards Brace shelves/cabinets	Strap water heater to wall Secure shelf items